

CREATIVITY & INNOVATION THROUGH IMPROV

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There are two main goals for this workshop. The first is to foster active listening and smoother communication between colleagues across environments. The second is to experientially learn creative and innovative techniques for succeeding both as a leader and as a team member in dynamic and spontaneously changing circumstances. This is an interactive, hands-on workshop based on adult learning principles and designed to be thought-provoking, engaging, and fun.

IN THIS SEMINAR, YOU WILL:

- Understand innovation and why it's needed
- Determine your thinking style
- Analyze the barriers to innovative thinking and learn techniques to overcome them
- Understand how your approach to thinking can influence your ability to generate innovative ideas
- Master the seven essential I-Skills
- Unleash the "mindset, skill-set, and tool-set" of the innovator
- Develop your own personal innovation strategy

Yes, and"

is a pillar of improvisation. It's the acceptance principle — when someone in a scene states something, accept it as truth.

Ensemble

"All the parts of a thing taken together so that each part is considered only in relation to the whole."
Ensembles allow for collaboration, creativity, and synergy.

Co-creation involves three Keys: (1) Find the idea, Not your idea; (2) Cede Control; and (3) Eradicate Fear.
Ideas no longer belong to the individual who came up with them, rather, they belong to the group. Second, people willing to cede control over ideas gain more insights than those who prefer to go it alone.

Listening

Active Listening encompasses the best of communication, including listening to what others are saying, processing the information, and responding to it in order to clarify and elicit more information.

INNOVATION THROUGH IMPROV

Improvisational theatre is a style of theatre that has been around for decades but has only recently begun to be used in other spectrums. Improvisational theatre is a unique type of theatre that is only successful if the players are able to work as an open, smoothly functioning, innovative and creative team. Through fostering group dynamics and encouraging individuality, players are able to take great risks while feeling supported, safe, and heard. It has proven to be effective in a variety of different settings because it is exceptionally successful in garnering communication, building group functionality, and increasing flexibility in rapidly changing situations.