

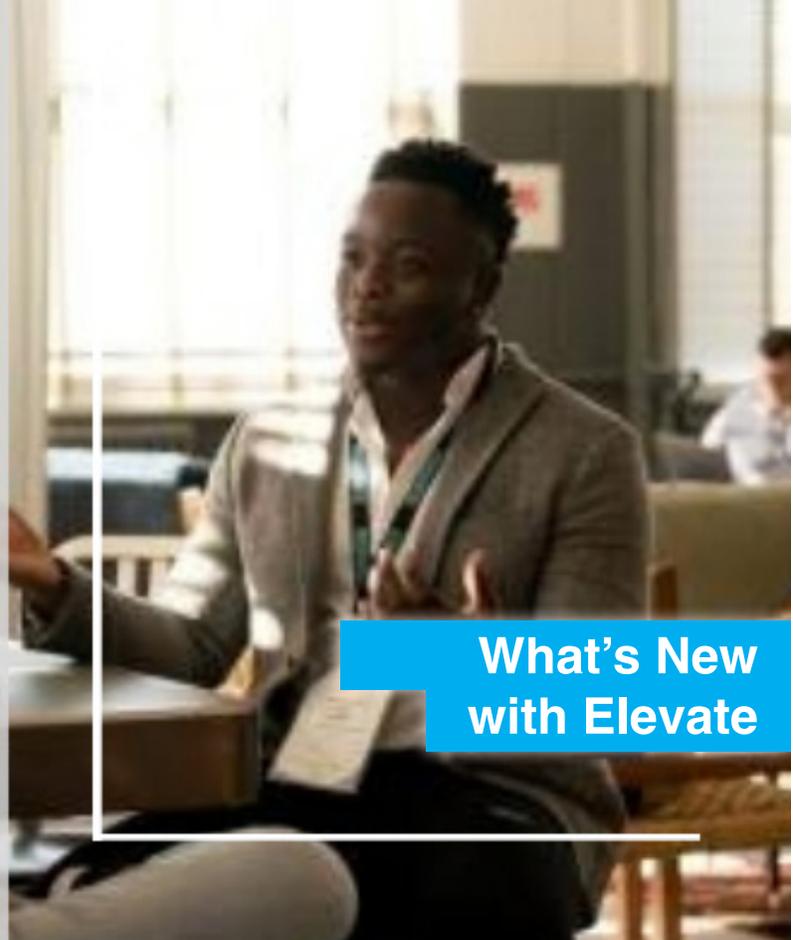
# EFFECTIVE MENTORSHIP

## SUPERVISORY SKILLS CALL TODAY!

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What's New  
with Elevate

### PART 1: MENTORS

We use a highly facilitative approach where mentors will learn and discuss the processes, behaviors, and mindset of mentorship.

- Learn the benefits of using the mentoring relationship model
- Learn collaboration and listening skills
- Putting the mentee first
- Understand the four mentoring stages for mentors
- Practice mentor-mentee communication

### PART 2: MENTEES

Often, people consider the “burden” of a mentorship to be on the mentor. Using the six stages of mentorship participants will learn strategies and techniques to be more proactive and take responsibility for their role to get the most from the experience.

- Preparing self
- Finding a mentor ... or two ...
- Meeting for the first time
- Cultivation
- Managing up
- Separation

### PART 3: MENTOR/MENTEE MEET

The purpose of this session is to bring together Mentors & Mentees as a meet and greet session, to answer questions and define the relationships with the help of our SME. It is highly engaging and a fun and effective way to build trust and confidence in the program.

Effective mentorship requires complex skills that can be taught, practiced, and mastered, that will generate measurable benefits for both, the mentees and the mentors. Evidence shows that mentors who exhibit core behaviors such as aligning expectations, building rapport, maintaining open communication, and facilitating mentee agency, have mentees who favorably rate the quality of their relationships. Effective mentorship behaviors also include addressing diversity factors and being mindful of equity in the mentoring relationship. Elevate's 3-part **Effective Mentorship** symposium harnesses the best of relationship science to ensure that mentors have the tools to develop strong relationships and provides mentees the strategies and techniques to take responsibility for cultivating an effective mentoring relationship for everyone.