

MOTIVATIONAL INTERVIEWING

Understanding Motivational Interviewing (MI)



In Elevate's ***Motivational Interviewing*** seminar, participants will learn about facilitating open communication, understanding people and how to communicate with emotional intelligence and effective listening skills. This course will teach participants the skills needed to prepare for an interview, dos and don'ts of questioning, and how to handle interviews in tense or conflict situations. Learners will have the skills needed to conduct effective and successful interviews that will guide the client to the desired outcomes. This course is eligible for 3 CEU credit hours.

Class Format
On-site/virtual

CALL TODAY!

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LEARNING OBJECTIVES

- Define Motivational Interviewing
- Key Elements of MI
- Fundamental Process of MI
- Asking the Right Questions
- 5 Behaviors That Can Derail an MI Mission