

MENTAL HEALTH FIRST AID CERTIFICATION

A certificate program offered by the National Council of Mental Wellbeing



Elevate's Mental Health First Aid (MHFA) Certification program uses role-playing and simulations to demonstrate how to offer initial help in a mental health crisis and connect persons to the appropriate professional, peer, social, and self-help care. The program also teaches the common risk factors and warning signs of specific types of illnesses. This course is eligible for 6.5 CEU credit hours.

Class Format
On-site/virtual

CALL TODAY!

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ELEVATE



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LEARNING OBJECTIVES

- Common signs and symptoms of mental illness & substance abuse
- How to interact with a person in crisis.
- How to connect the person to help.