

# TRAUMA INFORMED CARE

Understanding Trauma Informed Care



In Elevate's **Trauma Informed Care** training, participants will learn to bridge the gap between practice (service delivery) and philosophy (trauma theory, empowerment, and relational theory). We identify principles that define trauma-informed service, discuss the need for this type of service, and give some characteristics of trauma-informed services in human service areas. Learners will walk away with a better understanding of how trauma affects people and best practices to be effective and successful. This course is eligible for 3 CEU credit hours.

**Class Format**  
On-site/virtual

## CALL TODAY!

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**ELEVATE**



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### LEARNING OBJECTIVES

- How to remain objective
- Define Trauma
- Assess the Level of Trauma Experienced
- Effects of Trauma
- Mental Health & Addiction
- Protocols
- Self-Care for Caregivers